

RESPECT FOR ALL



FEATURING 13 VIDEO CLIPS FROM THE MOVIE
**YOUR GUIDE TO CARING FOR
EACH OTHER AND OUR EARTH**



ONE HEART MOVIES

This Guidebook could not have been made without the generous spirit of Beverly and Kenneth Little Hawk who deeply believe in the central message of **ONE HEART MOVIES: Help create a kinder world by taking better care of each other and taking better care of the Earth.**

Authors: Ron Mercier and John Pritchard

A free download of this guide is available at oneheartmovies.org.

For printed booklets contact:
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RESPECT FOR ALL

A ONE HEART MOVIES Production

Visit respectallmovie.com for more info.

Film Production Credits

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Music: Adam Holzman, Rich Damone,
and John Pritchard

Special Thanks: Anne Pritchard

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CONTENTS



RESPECT FOR ALL

YOUR GUIDE TO CARING FOR EACH OTHER AND OUR EARTH

- 1. INTRODUCTION 4
- 2. WHAT’S THE PROBLEM? 8
- 3. WE ARE ALL CONNECTED.....12
- 4. RESPECT FOR THE EARTH17
- 5. HEALING OURSELVES23
- 6. RESPECT IS THE KEY.....31
- 7. THE MOVIE: RESPECT FOR ALL39
- 8. DIRECTOR’S BIO43

NOTE: [CLICK HERE TO SEE WEB VERSION: VIDEOGUIDE](#)





1 INTRODUCTION

RESPECT FOR ALL

YOUR GUIDE TO CARING FOR EACH OTHER AND OUR EARTH

"I think that this film is something that today's society needs more than ever."

—Hannah B, College Student at MCLA

"The movie is awesome! ...it is amazing!"

—Garnet P, New Mexico

"I thought it was a great film ...inspiring!"

—Dai Ling, Qingdao, China

Welcome to ***YOUR GUIDE TO CARING FOR EACH OTHER AND OUR EARTH***. Based on video clips from the ***RESPECT FOR ALL*** movie, this Guidebook will introduce you to simple ways you can show more respect for all life.

The goal is to encourage you to care for all people as well as nature and all living beings.

In the following pages, you will learn more about racism, bullying and climate change. You will also learn about how important it is to talk with each other and listen deeply to what others have to say. Drum Circle Facilitator, Otha Day, uses group drumming to encourage friendly communication and believes that we all just need to drum!



**WE ALL
JUST NEED TO DRUM!**



THANK YOU KINDLY FOR READING THIS GUIDE

Thank you for your interest in reading this Guide to Caring for Each Other and Our Earth. We hope it inspires you to be an even better person than you already are.

—John Pritchard
Founder/Director,
THE ONE HEART-ONE
SPIRIT PROJECT



ONE HEART-ONE SPIRIT
is a project of
EMPOWERMENT WORKS,
a 501c3 nonprofit
organization.
EW EIN: 31-1796801



**EMPOWERMENT
WORKS.ORG**

EMPOWERING
LOCAL SOLUTIONS
FOR A THRIVING
WORLD

OUR MISSION:

As producers of educational films, the mission of **ONE HEART MOVIES**, aka, the **ONE HEART-ONE SPIRIT PROJECT**, is to promote harmony between all people to establish a more humane planet and encourage everyone to be kind to everything that lives. We support human rights and the environmental protection of water, land, air and wildlife. We also produce supplemental materials and programming (like this Guidebook).

Now is the time to respect ALL people and come together in harmony. We are actively spreading the **ONE HEART-ONE SPIRIT** message to college students and the general public across the world. We hope you enjoy this Guide about caring for each other and our earth!

WE INVITE YOU TO MAKE A CONTRIBUTION

We are a 501(c)3 non-profit project and welcome your tax-deductible donation to [PayPal.Me/OneHeartOneSpirit](https://www.paypal.com/donate/?url=https%3A%2F%2Fwww.oneheartonespirit.org) or via check, made out to **ONE HEART-ONE SPIRIT**. Please mail to One Heart-One Spirit, 150 Candlewood Drive, Williamstown, MA 01267.



ONE HEART - ONE SPIRIT





WATCH VIDEO CLIPS FROM THE MOVIE

WATCH VIDEO #1 (Official Trailer): [CLICK HERE: vimeo.com](https://vimeo.com/341111111)

RESPECT FOR ALL is a 44-minute documentary film about how to care for each other and care for our earth.

We must stop racism and climate change by showing more respect for each other and our environment. Drumming is introduced as a way to achieve greater respect and compassion.

“White racism not only exploits humans but also the earth itself.”

—Prof. James H. Cone

[RESPECTALLMOVIE.COM](https://www.respectallmovie.com)



“Racism is such a huge part of today's society and I believe that RESPECT FOR ALL can raise the awareness of racism that it deserves... Knowing that there are people in this world that still believe in the greatness of the human race gives me hope for the future. I think that this film is something that today's society needs more than ever.”

—Hannah Blake, College Student,
MCLA (Massachusetts College of Liberal Arts)





2 WHAT'S THE PROBLEM?



PEOPLE **HATE** WHAT THEY DON'T UNDERSTAND.

WHAT'S THE **PROBLEM?**

Racism is incredibly subtle and pervasive in America. Disrespectful of our democratic principles, it threatens to destroy all our institutions and our very way of life.

While older generations may have difficulty understanding the idea of “white privilege,” today’s young people know exactly what it is and are prepared to fight for racial equality. They are inspired by a grand youthful ambition to reawaken their respect in one another and their longing to be one human family.

Heinous crimes have been committed against people of color in our country: slavery, lynchings, police brutality and the excessive incarceration of young black and brown men. These atrocities are born of a hate-filled racism unfortunately at work in our country today. In 2019, the greatest danger to our social order is the millions of white people who hate a pluralistic, diverse democracy that promotes equal rights for all.

WATCH VIDEO #2: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)



The problem: millions of white people hate our multiracial democracy that promotes diversity and equal rights.



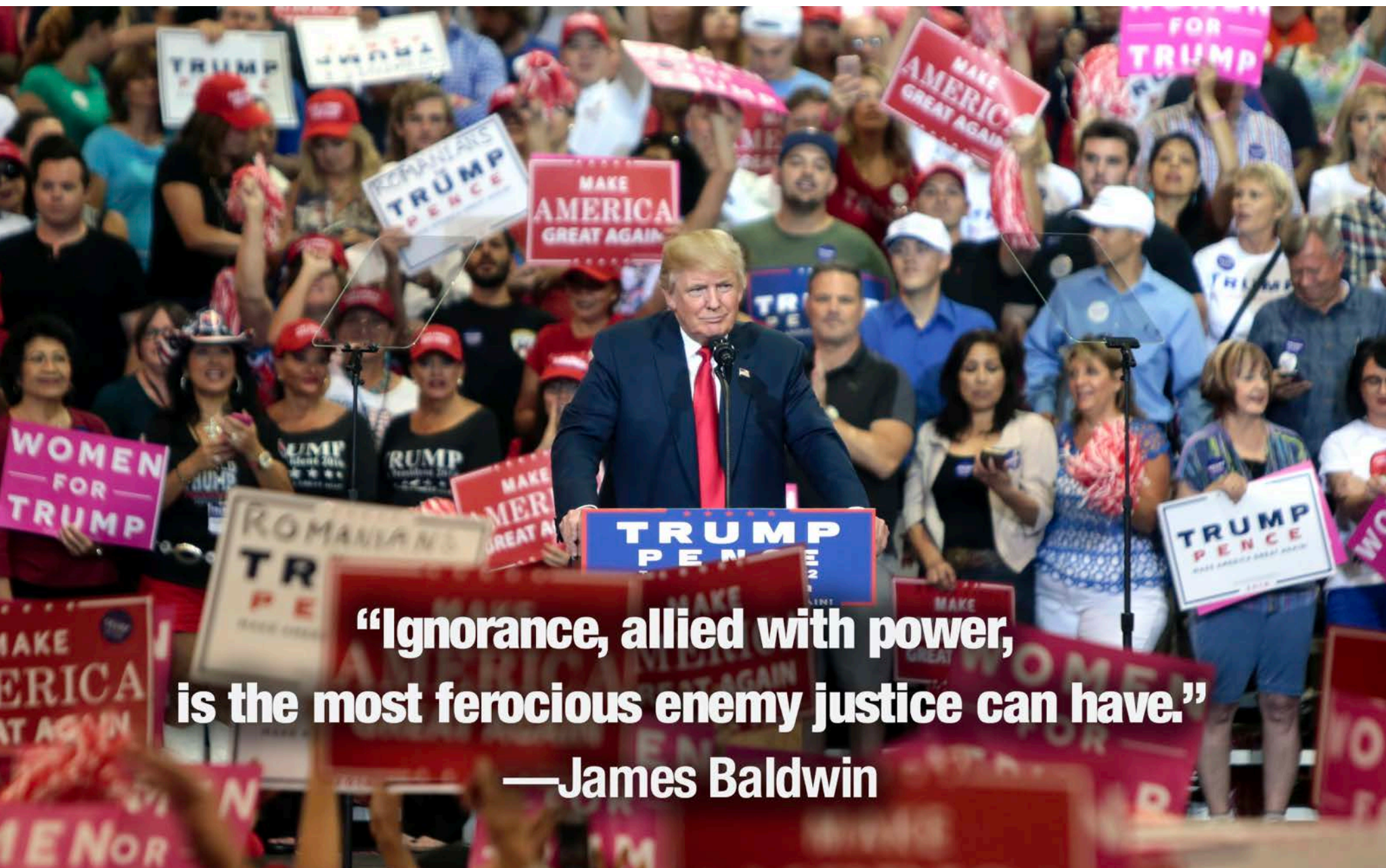
RACISM MUST END

FBI data demonstrates an increase in hate crimes since Donald Trump's election. Counties that hosted a Trump campaign rally in 2016 saw hate crimes more than double compared to similar counties that did not host a rally.

According to the data, President Trump's support stems from racist and sexist beliefs, and that his election emboldened Americans to engage in racist behavior.

Since 2017, the dishonest and racist behavior of President Trump has severely harmed America's reputation around the world. Time magazine's July 17, 2019 article, "**Republicans Want a White Republic. They'll Destroy America to Get It,**" states that "because Trump promises Republicans a return to white dominance, he is more important to the GOP and its base than the country those in power took an oath to support and defend." Republican leadership and Trump supporters are destroying America!

There is no need to be a racist in the 21st century. **Showing other people dignity, kindness and respect is essential to being a good human being.** It is a critical part of maintaining important personal relationships. Learning to respect people's efforts, abilities, opinions, even their quirks, will help keep you happy and successful in your interpersonal life. Respecting yourself can help you move forward with the confidence to develop the habit of respect and share it with the people around you.



**"Ignorance, allied with power,
is the most ferocious enemy justice can have."
—James Baldwin**



STOP
RACISM

STOP RACISM. RESPECT ALL LIFE.

“In the beginning... we were instructed to carry a love for one another and to show a great respect for all the beings of this Earth... We must stand together, the four sacred colors of man, as the one family that we were, in the interest of peace... Our energy is the combined will of all people with the spirit of the natural world, to be of one body, one heart, and one mind for peace.”

—Chief Leon
Shenandoah, The
Iroquois Confederacy.
Delivered at the United
Nations, Oct. 24, 1985

In his essay, “**Whose Earth Is It Anyway?**,” the late James H. Cone, eminent professor at Union Theological Seminary and founder of Black Liberation Theology, argues that the logic behind the racism that strips black Americans of their humanity is the same logic that strips nature of its dignity. He writes, “White racism leads directly to the degradation of the earth” and “...**white racism not only exploits humans but also the earth itself.**” The fight for justice cannot be segregated but must be integrated with the fight for life in all its forms.” Professor Cone devoted his life and teaching to a justice that extends to all of God’s creatures, human and otherwise. He did not shrink from telling the truth. Yes, he wanted justice, not in the form of punishment but by the realization that **justice requires a transformative change of heart by white people.** “No threat has been more deadly and persistent for black and Indigenous peoples than the rule of white supremacy in the modern world. For over five hundred years, through the wedding of science and technology, white people have been exploiting nature and killing people of color in every nook and cranny of the planet in the name of God and democracy... The tentacles of white supremacy have stretched around the globe. No people of color have been able to escape its cultural, political and economic domination.” This is the problem: millions of white people do not respect diversity and do not respect our Earth.





3 WE ARE ALL CONNECTED



WE ARE ALL CONNECTED

“Whatever affects one directly, affects all indirectly. I can never be what I ought to be until you are what you ought to be. This is the interrelated structure of reality.”

—Martin Luther King, Jr.

“We are all connected; To each other, biologically. To the earth, chemically. To the rest of the universe atomically.”

—Neil DeGrasse Tyson

People become more respectful when they can see: ***“What happens to you, happens to me, and what happens to me, happens to you. We have to embrace each other and embrace the wonderful things about who we are, as well as the problematic aspects of who we are. It is a give and take, a back and flow, and feeling respect means finding a way to connect to each other. It’s about joy. It’s about love. It’s about seeing how deeply connected we all are.”***

—Otha Day, Community Builder/Drum Circle Facilitator

WATCH VIDEO #3: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)



SHOW LOVE AND JOY

“Joy must be one of the pivots of our life. It is the token of a generous personality. Sometimes it is also a mantle that clothes a life of sacrifice and self-giving. A person who has this gift often reaches high summits. He or she is like sun in a community.”

—Mother Teresa

Showing another person love and joy translates into a great way to show them respect. For example, you can show your love by helping another person with something they need, and in return you will feel their respect for helping them. Another easy way to show your love is when you are speaking with someone and you focus on closely listening to what they are saying. This will give you an opportunity to better understand what they are talking about which will result in respectful feelings all around. The 80/20 rule applies very well in a conversation where you listen more (80%), and talk less (20%).

As for showing other people joy, it's all about giving of yourself with no expectation of reward. It can be as simple as smiling with a happy greeting to a stranger, “How are you today?” With someone you know, you can surprise them with a little gift or a card that lets them know you care about them. As the saying goes: “It is better to give than to receive.”





WE NEED TO RESPECT EVERYONE

WATCH VIDEO #4: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)

“Respect yourself and others will respect you.” —Confucius

“It's very dramatic when two people come together to work something out. It's easy to take a gun and annihilate your opposition, but what is really exciting to me is to see people with differing views come together and finally respect each other.”
—Fred Rogers, Mister Rogers' Neighborhood



“It’s no longer a black and white issue. You’ve got Hispanic folks... you’ve got Asian folks. This is not just the same old battles. We’ve got this stew that keeps bubbling up with people from everywhere. And we’re going to have to make sure that in our own lives, our families, and our workplaces that we do a better job of treating everybody with basic respect.”

—President Barack Obama





I feel like I got two wolves fighting in my heart.

TWO WOLVES STORY

WATCH VIDEO #5: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies/two-wolves)

The Two Wolves story comes from the 2017 award-winning film, ONE HEART-ONE SPIRIT. Filmed at the three day Aboriginal Garma Festival in the northern territory of Australia, introduces us to Native American Mi'kmaq/ Mohawk performing artist Kenneth Little Hawk who travels half-way around the world to Australia where he meets legendary movie star, Jack Thompson. In North East Arnhem Land, Jack introduces Little Hawk to the oldest surviving culture on the planet: the 40,000 year old Aboriginal people of the Yolngu nation.

To learn more, visit
ONEHEARTTRIBE.COM



“My Grandfather was a jokester. He had the same twinkle in his eyes as you do. That’s why I’m going to tell this to you. And he said to me one day, he said, Ohhhh.... ohhh. I said, What’s wrong Grandfather? What’s wrong? I feel like I got two wolves fighting in my heart. I said, You feel like you have two wolves fighting in your heart Grandfather? I feel like I have two wolves fighting in my heart. One wolf is...”

—Kenneth Little Hawk, Mi'kmaq, Mohawk





4 RESPECT THE EARTH

respectallmovie.com



RESPECT THE EARTH

“Not so long ago, Nature was respected with reverence and compassion. Stories were passed on from generation to generation. These tales told of animals singing, dancing, being happy, being sad, and speaking to each other about the lessons of life, which were easily learned and long remembered. All life was dependent on all life, humans included. In the Web of Life, we were and still are a part of ALL and ALL continues to be a part of us.”

—Kenneth Little Hawk,
Mi'kmaq, Mohawk

“Americans have become less and less knowledgeable about where their food comes from and how it's grown. So, if people wanted to respect this earth, they should be purchasing food that has been grown with respect to the earth.” —Ed Stockman, Cofounder of Regeneration MA who has been an organic farmer for 47 years.

WATCH VIDEO #6: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)



“We are a part of nature, not apart from nature.”

—Kenneth Little Hawk, Mi'kmaq, Mohawk



AGRICULTURE IS CAPTURED BY GREED

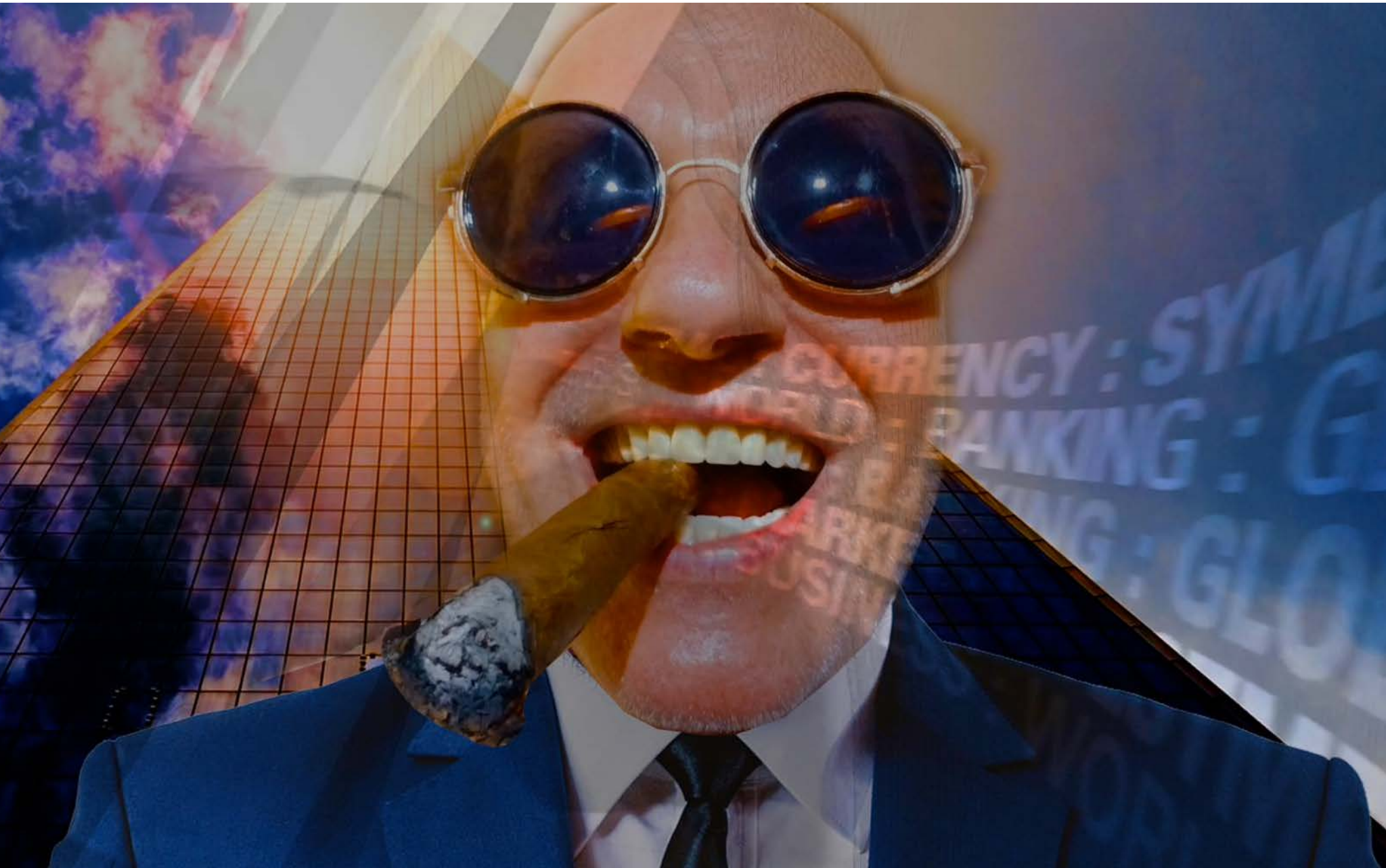
“We must live in harmony with the natural world and recognize that excessive exploitation can only lead to our own destruction. We cannot trade the welfare of our future generations for profit.”

—Chief Leon Shenandoah,
The Iroquois Confederacy

Right now, the EPA, FDA, and USDA are the government organizations responsible for our food production. Unfortunately, these agencies have been captured by industries who only care about their profits. The agro-chemical, biotech, energy, and pharmaceutical industries are all very influential in these federal agencies. It is a huge problem that will not be



solved in the halls of government, but must be addressed directly by consumers: **We the People!** Global corporations have captured the policy agenda for agriculture and they must be stopped from further damaging the environment.



ED STOCKMAN

Cofounder,
Regeneration MA



REMOVE THE CO₂

REGENERATION WILL REMOVE CO₂

Regenerative agriculture practices improve soil quality, increase biodiversity, improve the water cycle and increase resilience to climate change.

Healthy and fertile soil is the key to agriculture in the 21st century. Earthworms are an indicator of healthy soil that is produced by inexpensive organic management practices. These include recycling as much organic farm waste as possible (composting), crop rotation, reduced tillage, cover cropping, and well managed grazing.

What is raising the global temperature of the planet is the increase in atmospheric carbon dioxide (CO₂). By educating consumers to reject products in the marketplace that produce a lot of greenhouse gases (i.e., Monsanto), we can not only reduce greenhouse gases, but actually remove greenhouse gases (CO₂) from the atmosphere. According to the United Nation's Panel on Climate Change, capturing atmospheric carbon dioxide (CO₂) from agricultural soil is a way to restore soil health while returning carbon levels to those prior to the Industrial Revolution.



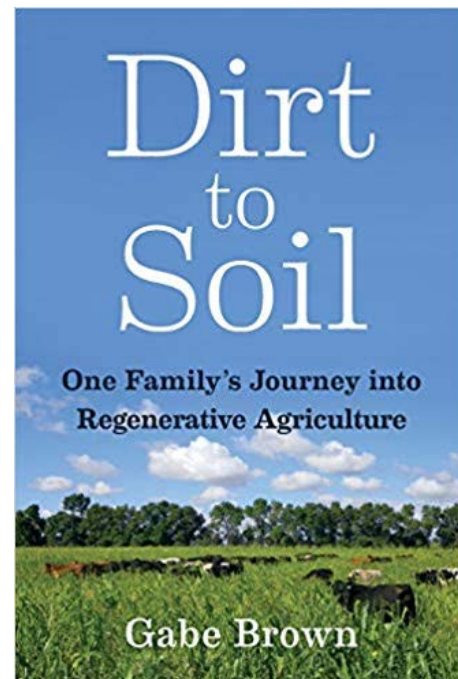
Earthworms are an indicator of healthy soil.



REVERSE CLIMATE CHANGE

WE NEED TO MOVE INTO REGENERATIVE AGRICULTURE IMMEDIATELY!

In *Dirt to Soil* Gabe Brown tells the story of moving into a new type of farming: Regenerative Agriculture. He offers a wealth of innovative solutions to our most pressing and complex contemporary agricultural challenge —restoring the soil.



The next few years are very, very important. The current chemical-dependent, soil-destroying form of agriculture is totally degenerative and needs to move to the regenerative organic system of farming. By sequestering (removing) CO₂ from the atmosphere (aka, regenerative agriculture) the Rodale Institute says we can actually reverse climate change. In addition, the resulting soil (organically managed) can convert CO₂ from a greenhouse gas into a food-producing asset.

[CLICK HERE TO ORDER “DIRT TO SOIL”
ON AMAZON.COM](#)





RESPECT ALL LIFE



“When you’re connected to nature, deeply connected with nature, there is a knowledge you can gain quickly that you can’t gain anywhere else. You learn to respect the signs of what mother nature is going to do. Listening to the sounds of the river and the wind, reading the sun and the sunset, reading the clouds and the mountains, is learning to read those signs in yourself.” —Otha Day

Nature helps us understand ourselves.

“All life is dependent on all life. There is no separation. Everything lives for everything else. There is no separation. My Grandmother and Grandfather said that the animal, the vegetable, the mineral, the human, are all one. There is no separation.”
—Kenneth Little Hawk,
Mi’kmaq, Mohawk

WATCH VIDEO #7: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)



We must respect the rhythms of our Earth.





5 HEALING OURSELVES



LOVE

HEALING OURSELVES

Prayer of St. Francis

Lord, make me an
instrument of
Your peace;
Where there is hatred,
let me sow love;
Where there is injury,
pardon;
Where there is doubt,
faith;
Where there is despair,
hope;
Where there is darkness,
light;
And where there is
sadness, joy...
Grant that I may not so
much seek...
To be loved, as to love;
For it is in giving that
we receive.

Amen

“Heal yourself with the love you give to all those around you. Love your family, your friends, and all the people you work with every day; love everything about your life and even love the people you don’t really like; Simply give your love to everyone you meet and send your love out to the entire world. Understand that love is the glue of life; love all that lives, even the millions of tiny living organisms in your body. Love all of nature, the Earth, and the entire Universe made up of trillions of stars.” — John Pritchard, Founder, One Heart Movies

WATCH VIDEO #8: [CLICK HERE: vimeo.com](#)



HEALING
OURSELVES



DRUMMING IS HEALING!

BRIAN COLBERT
IS A MASTER
DRUMMER WHO
PLAYS DRUMS
FOR HEALING
THE PLANET.

**“For me, drumming is all
about healing!”**

—Brian Colbert, Master
Drummer/Artist

Drumming has been used to promote healing since ancient times. From Native American medicine men to Mongolian shamans to West African healers, drums have been used as a highly effective form of healing to help people become healthier: physically, mentally, and spiritually.

Current research shows that drumming reduces anger and stress, increases feelings of happiness, improves cardiovascular health, boosts the immune system, and even produces endorphins that naturally decrease pain in the body. Drumming also improves our intuitive nature.

With group drumming and drum circles, extended periods of drumming (15 minutes or more) can increase a groups feeling of greater cooperation and community. When people drum together there is an increased production of endorphins which produce healing effects and happier, more joyful emotions. This is why Otha says, “We all just need to drum!”





How would it be if we really cared for each other?

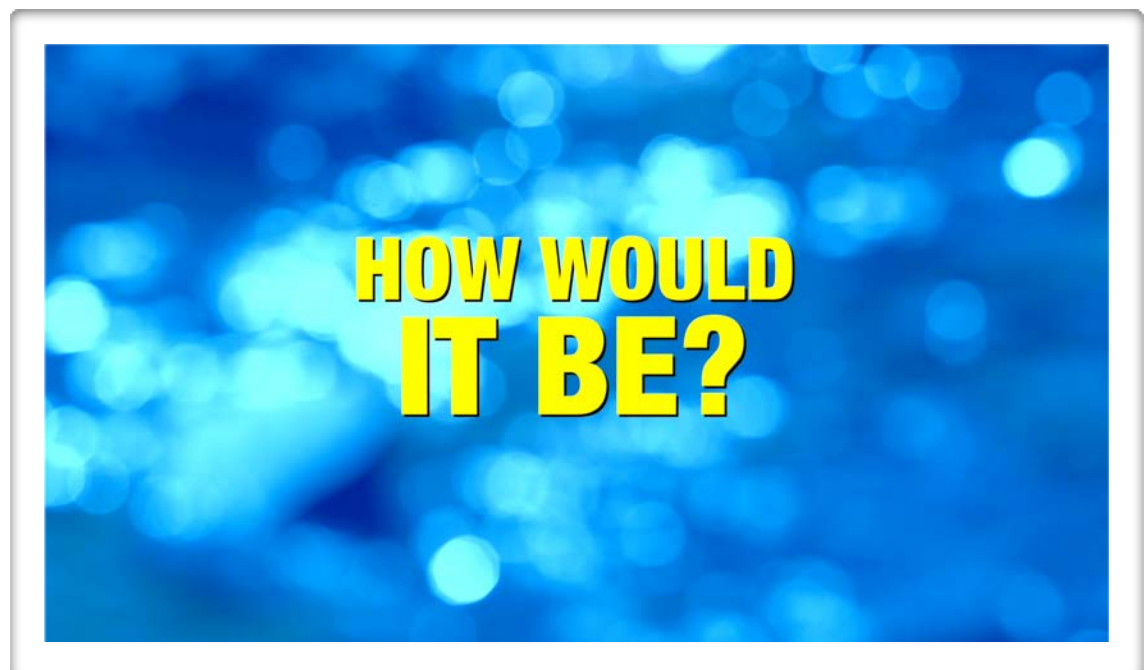
HOW WOULD IT BE?

Kenneth Little Hawk is a Native American storyteller, keynote speaker, recording artist and actor, descending from the Mi'kmaq and Mohawk tribes. Touring throughout the world over the past 30 years, Little Hawk has performed for millions of people at many distinguished locations including the White House, Lincoln Center, the Kennedy Center, and the Museum of Natural History. His voice and authentic flute music can be heard in the award-winning PBS films "The West" and "Lewis & Clark" produced by director, Ken Burns.

*"How would it be if you looked at me as brother?
How would it be if she looked at her as sister?
Elders as grandmother and grandfather?
And all of the children as our own?
How would it be if we looked at the Earth as Mother?
How would it be if we looked at Sky as Father?
How would it be if we really cared for each other?"*

—Kenneth Little Hawk, Mi'kmaq, Mohawk

WATCH VIDEO #9: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)



WE NEED TO **SEE** THE JOY!

“If we can look at each other and smile, and see the joy in each other’s eyes, we will no longer be afraid of one another. We often only see the outside skin color and different clothing we are wearing, instead of seeing the inner joy and how we are connected. However, if we can see a smile and twinkle in each other’s eye, we can be less afraid and trust each other.” —Otha Day





WE MUST TALK MORE

WATCH VIDEO #10: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)

“People are confused about whether to use the term black, African American, or colored... and the whole blackface issue has come up this year in the news. People think that if we don’t talk about racism, than we are no longer racist. The problem is when we don’t talk about racism, that’s what’s disrespectful. That’s saying that my opinion, my position, my experience, doesn’t matter. If you respect me, you ask me what I think and then we can have an engagement about it.” —Otha Day



We need to talk about racism and be more open to discussion.

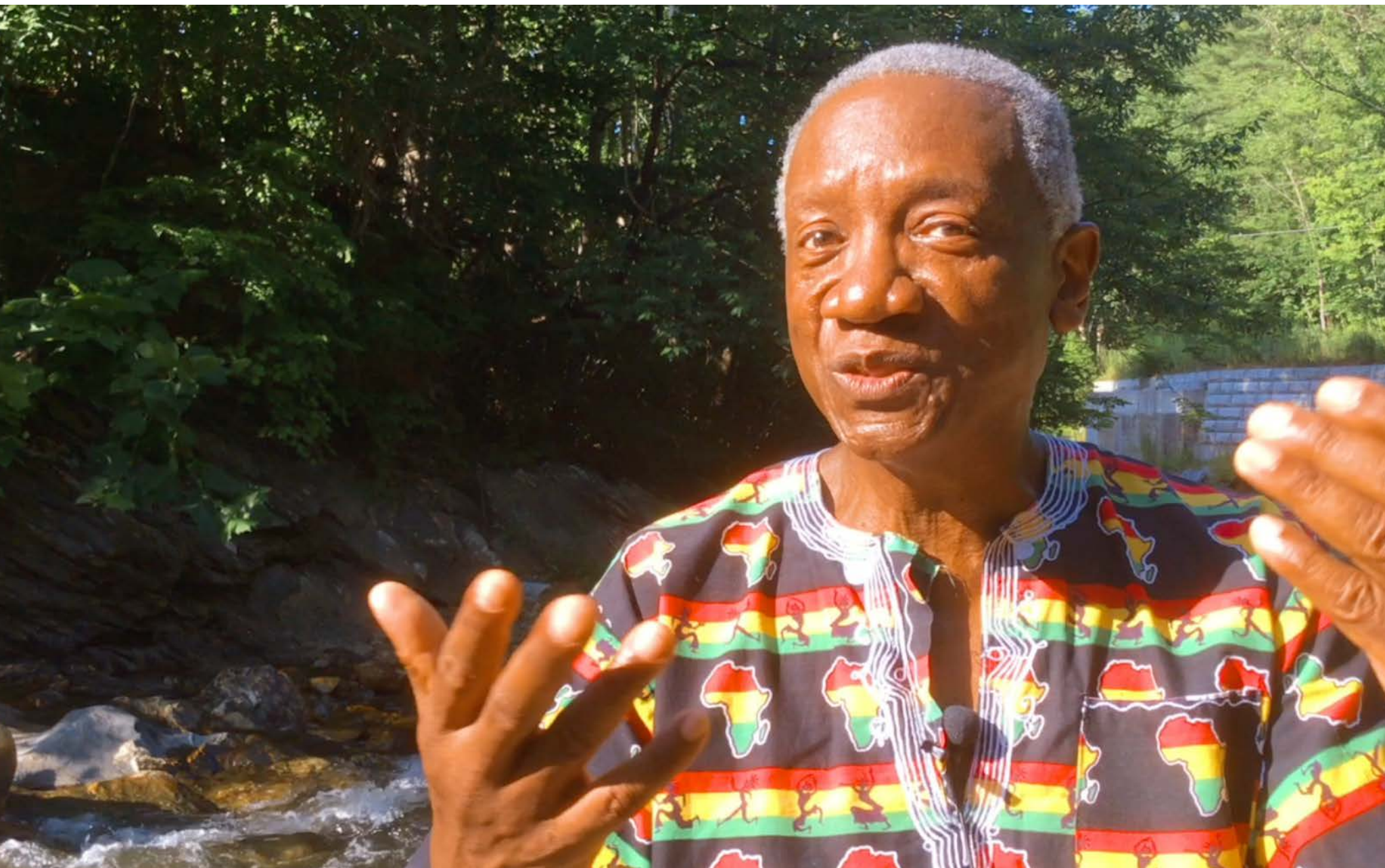
Racism is real, but race is an invented concept. We are not so different. We may be different colors on the outside, but on the inside we are far more alike than we are different. It’s a matter of getting past the initial reaction that we are a different race so we are going to act racist toward each other. But, if we can see something joyful in one another that is meaningful, then we can move beyond feeling racist.



SMILING IS IMPORTANT!

“When you smile, you release chemicals in your brain, your heart, and throughout your body that make you feel good (dopamine, endorphins, and serotonin). Smiling also helps people see you are friendly, that you’re not going to hurt them, that you respect them, and that you may even love them.”

—Otha Day

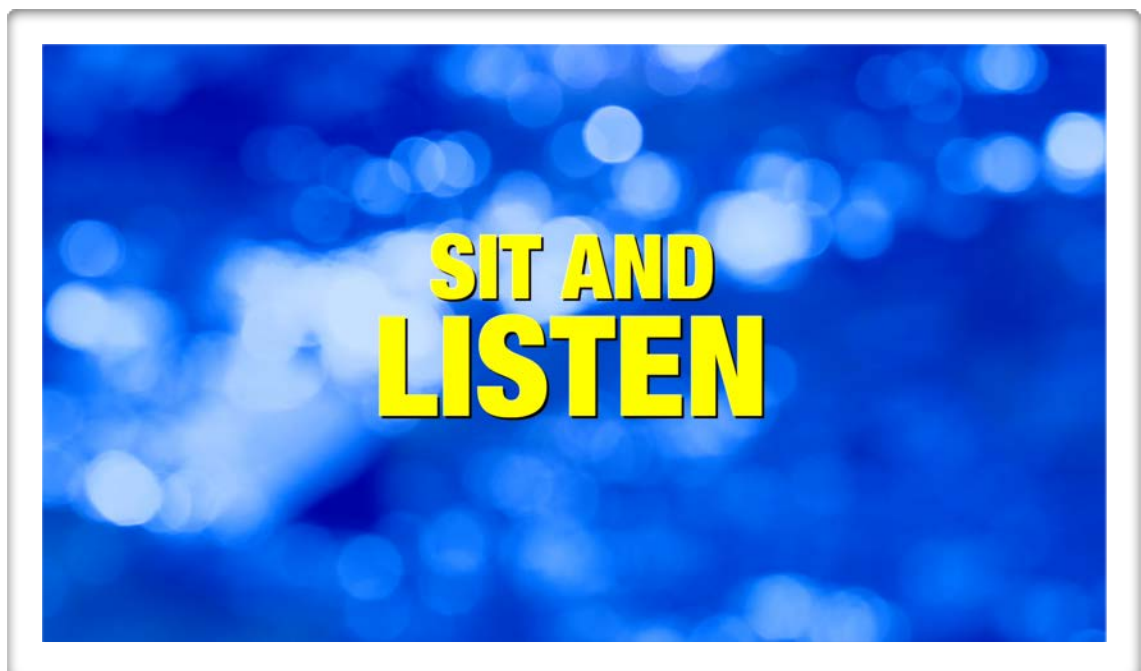




SIT AND LISTEN DEEPLY

WATCH VIDEO #11: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies/sit-and-listen)

“My advice to all of us here is to sit in silence and listen. Sit for moments and breathe deeply... relax your shoulders and just listen. When you’re in conflict with someone else, don’t jump right in, just listen. Listen to the pain of their experience. Listen to the joy of their experience. We don’t always have to share our pain, our joy, but I think it behooves us to just open our minds, open our ears, and open our hearts, and just listen.”
—Otha Day

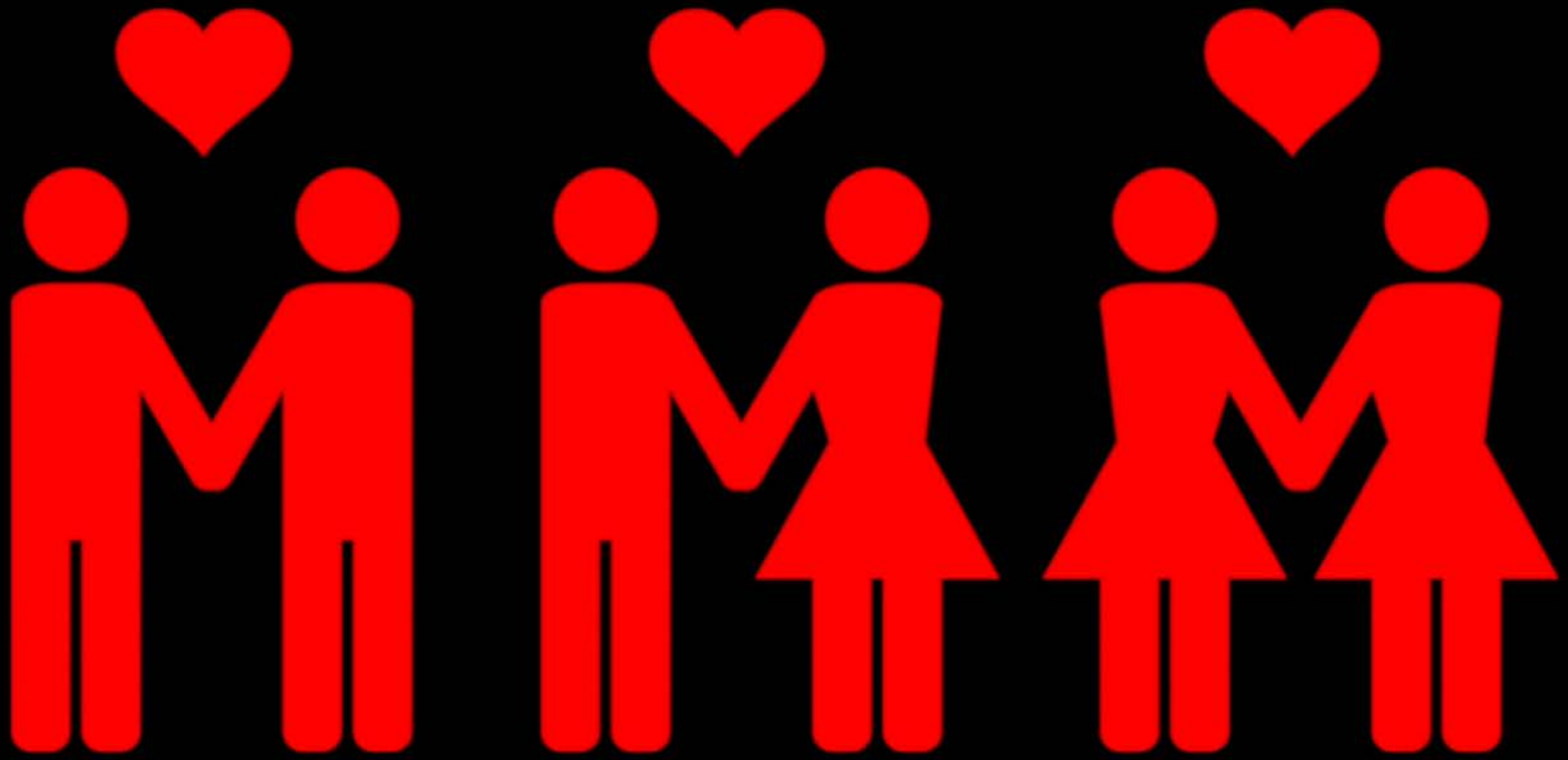


Sit and really listen to one another.





6 RESPECT IS THE KEY



RESPECT IS THE KEY

*“I hope that there will be a world where my future family members will have a place where they can live happily without fear of persecution, whether that be for their race, gender, or whatever that may be. And looking closely on the next few years, I hope that with the people that govern my life, and even amongst the world, that more love and respect can be cultivated... because the basic fundamentals of what makes a successful society are **Respect, Self-awareness, and Love.**”* —Charlotte Sanford, High School Junior

WATCH VIDEO #12: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)

“Respect yourself.
Respect the Earth.
Respect all life.”
—Kenneth Little Hawk,
Mi’kmaq, Mohawk



GIVE EVERYONE RESPECT!

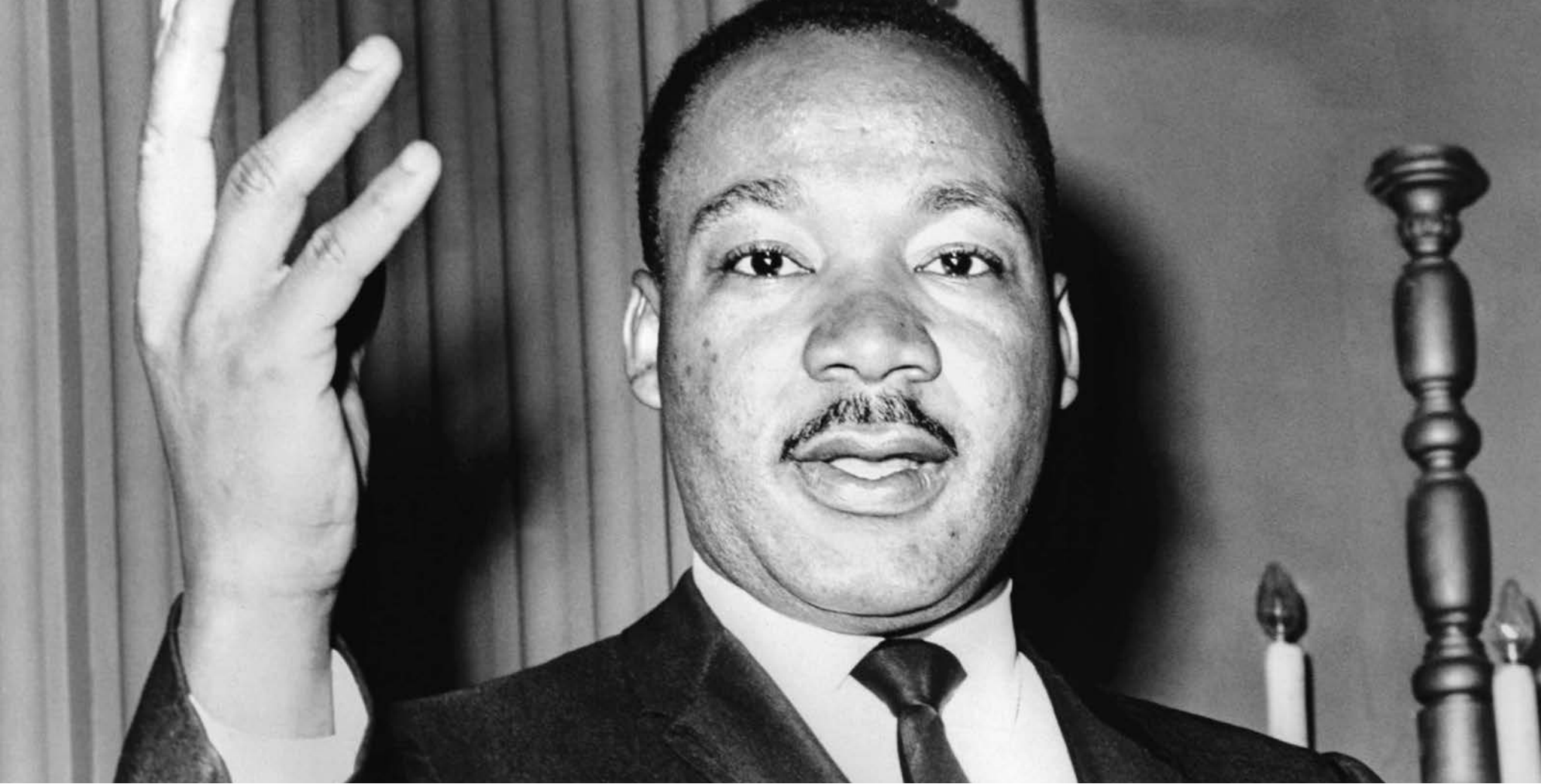
YOU CAN SHOW
EVERYONE
RESPECT BY
SIMPLY SAYING,
“THANKS!”

“You have the power to make choices to live in harmony with other people and make choices to live in harmony with the earth.”
—Beverly Little Hawk

Everyone deserves respect so give it! Give everyone the respect they deserve. There are many ways you can give respect and the simplest way is to just say “Thanks.” Thank people for their assistance and their support on a regular basis. It’s important to remember all the people who’ve helped you on your journey. Show respect by saying thanks. Even if there’s not an obvious occasion for thanks, showing it regularly will mean a lot to people.

To show respect for other peoples' opinions, question them. Ask open ended, leading questions that show you're fully engaged with their ideas and that you're listening closely. If you want to show someone you are truly listening, repeat, in your own words, what they have just spoken about. This feedback process is an excellent way to clarify, in a respectful way, whatever is being discussed. **RESPECT** is one of the greatest expressions of **LOVE**.





EVERYONE IS SPECIAL!

WATCH VIDEO #13: [CLICK HERE: vimeo.com](https://vimeo.com/352111111)



SAINT KATERI TEKAKWITHA



MOTHER TERESA



“Kateri Tekakwitha {Mohawk}, was made a saint by the Catholic Church because she turned no one away and treated everyone as if they were someone special. Everyone is special because what comes out of us can be that which came out of Mother Teresa, Martin Luther King, and Chief Joseph. They were all human beings and had the same thing inside of them that we have inside of us. It’s not hard to bring it out, we just have to let it be.”

—Kenneth Little Hawk, Mi’kmaq, Mohawk



SHOW COMPASSION AND ACTION!

In issues of race, we should educate everyone about compassion, just like we teach students how to read. And a big part of teaching compassion is encouraging people to take action. It is not enough to simply feel empathy towards another person by putting yourself in their shoes. Compassion requires action and you must do whatever you can such as protesting against racism in your community.





CHANGES DO NEED TO BE MADE

A demonstration is action by a mass group (or collection of groups) of people in favor of a political or other cause, or people partaking in a protest against a cause of concern; it often consists of walking in a mass march formation and either beginning with or meeting at a designated endpoint, or rally, to hear speakers.

Demonstrations are a form of activism, usually taking the form of a public gathering of people in a rally or walking in a march. Thus, the opinion is demonstrated to be significant by gathering in a crowd associated with that opinion.

By being more compassionate and participating in **demonstrations** we believe in, we can help put an end to climate change through protest, or help a political movement for women's rights become more provident.



HELP OTHERS... BE A VOLUNTEER

What have you done today to help someone else feel joy in their heart?

By volunteering your time and energy to help someone else, you are demonstrating your empathy, compassion, joy and love. By helping others you are also helping yourself feel good. Volunteering promotes goodness!



VOLUNTEER





CONNECT WITH HUMANITY

WATCH VIDEO #14: [CLICK HERE: vimeo.com](https://vimeo.com/oneheartmovies)

As humanity moves forward, it is so very important that we make time to talk with one another... that we sit and listen, and ask good questions with all our heart.

“What you give,
you get.

If you give love,
you get love.

If you give space,
you get space.

If you give respect,
you get respect.

If you give big hugs,
you get big hugs!”

—Otha Day, Community
Builder/Drum Circle Facilitator



Compassion requires us to be aware and think about other people. We need to understand our own emotions and be grounded within our self. Then we can reach out and feel connected to others... and find the joy. If we can find the joy through looking at someone's smile, then we can feel a human connection that celebrates respect for all.





7 THE MOVIE: RESPECT FOR ALL

respectallmovie.com



THE MOVIE: RESPECT FOR ALL

RESPECT FOR ALL

PART 1 - WHAT'S THE PROBLEM? - We must stop racism and bullying

PART 2 - WE ARE ALL CONNECTED - What happens to you, happens to me

PART 3 - RESPECT THE EARTH - We are all a part of nature, not apart from nature

PART 4 - HEALING OURSELVES - We must sit and listen and talk

PART 5 - RESPECT IS THE KEY - We need to have compassion and smile more

RESPECT FOR ALL is a 44 minute film that celebrates respect for all of humanity and the natural world. It promotes the end of racism and climate change by caring more for each other and our earth. Drumming is introduced as a way to develop greater respect and compassion. The film unfolds through a simple five part structure with an original surround-sound score by Miles Davis keyboardist, Adam Holzman, Sam Rivers bassist, Rich Damone, and composer/drummer, John Pritchard.

WATCH VIDEO #15: (First 3 min) [CLICK HERE: vimeo.com](https://vimeo.com/311111111)



THE RESPECT FOR ALL STORY

RESPECT FOR ALL is about believing in the human race and everything that lives on our planet.

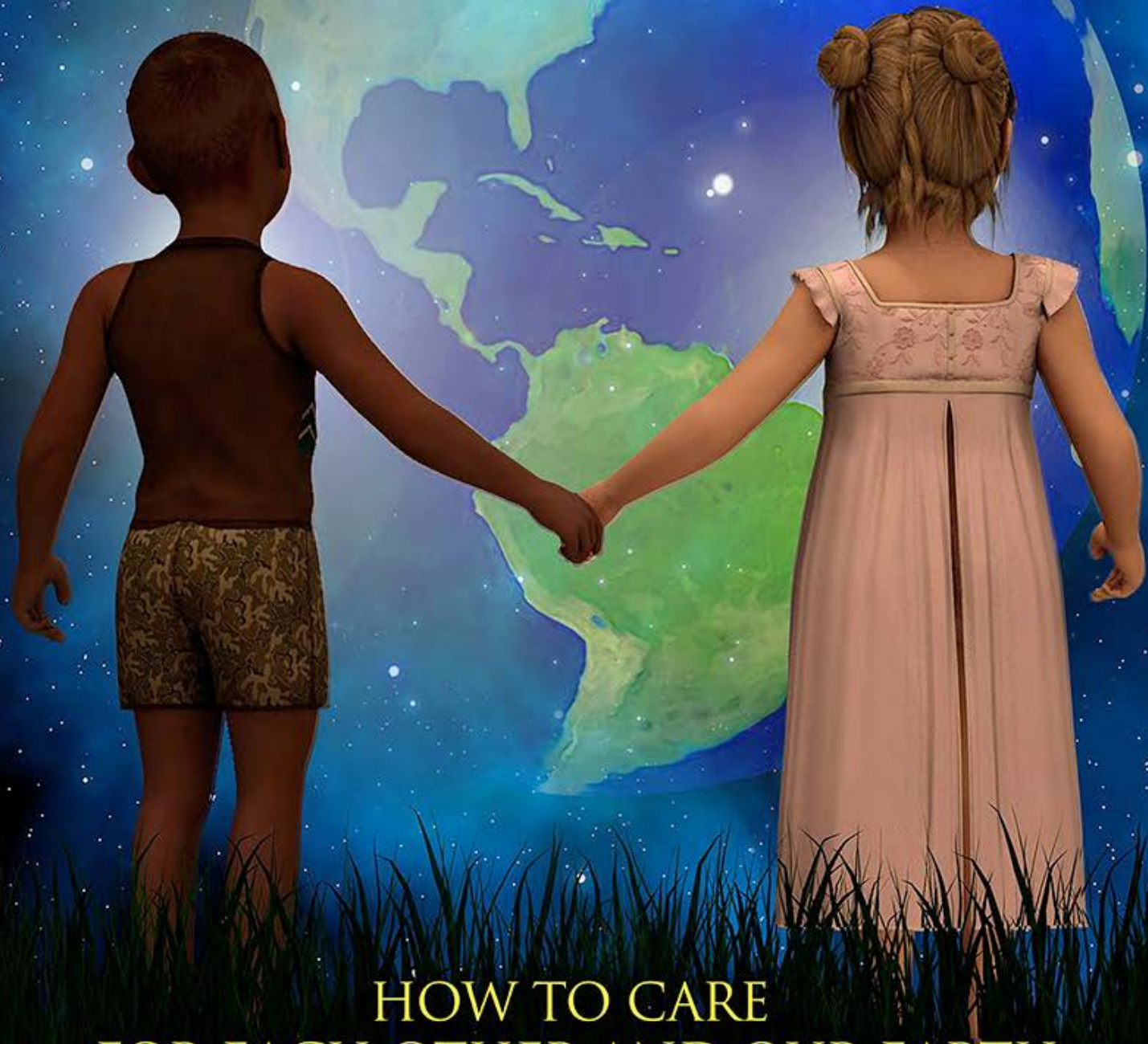
The target market for **RESPECT FOR ALL** is college students. John will be screening the film with Q & A discussions at colleges and universities throughout the USA.

In January 2019, award-winning documentary filmmaker, John Pritchard, began interviewing Native American Storyteller, **Ken Little Hawk**, about the theme of respect for all people and the earth. Ken has performed his Little Hawk Show for millions of people over the past 35 years and was the primary focus of John's first feature film, *One Heart - One Spirit*. In February, John began the first of three interviews with his good friend and Community Builder/Drum Circle Facilitator, **Otha Day**. After a few rough edits, John decided to add three additional interviewees to the movie: 4th generation farmer and GMO expert, **Ed Stockman**; High School Junior and student activist, **Charlotte Sanford**; and Master Drummer/Artist, **Brian Colbert**. In August, after producing a new album of original music with Miles Davis keyboardist, Adam Holzman, and Sam Rivers bassist, Rich Damone, John began to see the film taking shape and decided to call it, ***RESPECT FOR ALL: How to Care for Each Other and Our Earth***.

Visit RespectAllMovie.com to learn more about the movie.



RESPECT FOR ALL



HOW TO CARE
FOR EACH OTHER AND OUR EARTH

ONE HEART MOVIES PRESENTS "RESPECT FOR ALL"

A FILM BY AWARD-WINNING DIRECTOR JOHN PRITCHARD

FEATURING OTHA DAY CHARLOTTE SANFORD ED STOCKMAN BRIAN COLBERT

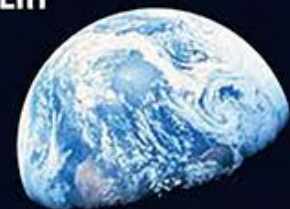
MUSIC BY ADAM HOLZMAN, RICH DAMONE, & JOHN PRITCHARD

ASSOCIATE PRODUCERS RON MERCIER & HUGH SANFORD

SPECIAL THANKS TO KENNETH & BEVERLY LITTLE HAWK

WRITTEN, PRODUCED & DIRECTED BY JOHN PRITCHARD

RESPECTALLMOVIE.COM





8 DIRECTOR'S BIO JOHN PRITCHARD

DIRECTOR'S BIO: JOHN PRITCHARD



John founded **Pritchard Digital Arts** (online video/web production) in 2001 and **Eternal Ways** (multimedia publishing house) in 2010. In 2016, he founded his non-profit educational film company, **ONE HEART MOVIES, aka, THE ONE HEART - ONE SPIRIT PROJECT.**



PRITCHARD DIGITAL ARTS



ETERNAL WAYS



ONE HEART-ONE SPIRIT PROJECT

John Pritchard is an award-winning director who focuses on producing films that are educational and celebrate the positive side of humanity. His professional goals are to promote respect for ALL people and to help create a kinder world. His first feature film, **ONE HEART - ONE SPIRIT**, won **BEST INDIGENOUS DOCUMENTARY** at the 2017 Melbourne Documentary Film Festival in Australia. The film celebrates the oldest surviving culture on the planet: the 40,000 year old Aboriginal people of the Yolngu Nation. As a multimedia producer, John has won numerous awards for cutting edge digital productions about John Lennon, the Inuit Eskimos, and Native American storytelling. In 2012, he launched the online jazz training program, **Freddy's Guide to Creative Improvisation**, featuring 300 video clips of Berklee College of Music professor and Grammy Award winner, Fred Lipsius of Blood, Sweat and Tears. In 1993, John won the \$100,000 McGraw-Hill New Media award for his interactive design work with college professors at NYU and Hunter College. In 1991, John created the world's first national TV ad produced entirely on a computer for the YWCA "Join Us" campaign. In 1987, with Apple as his primary client in NYC, he launched one of the world's first digital agencies, Applied Imagination. From 1984-86, he was Asst. Director for the Upward Bound Program working with Native American Mohawk high school students. In 1983, John was awarded a grant to film in China by the Cashin Endowment for Fine Arts and graduated from St. Lawrence University with a BFA in filmmaking. He currently lives with his wife and family in the Berkshire valley of Williamstown, MA. He was born January 13, 1961 in New York City.

WATCH VIDEO #16: [CLICK HERE: vimeo.com](https://vimeo.com)



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